

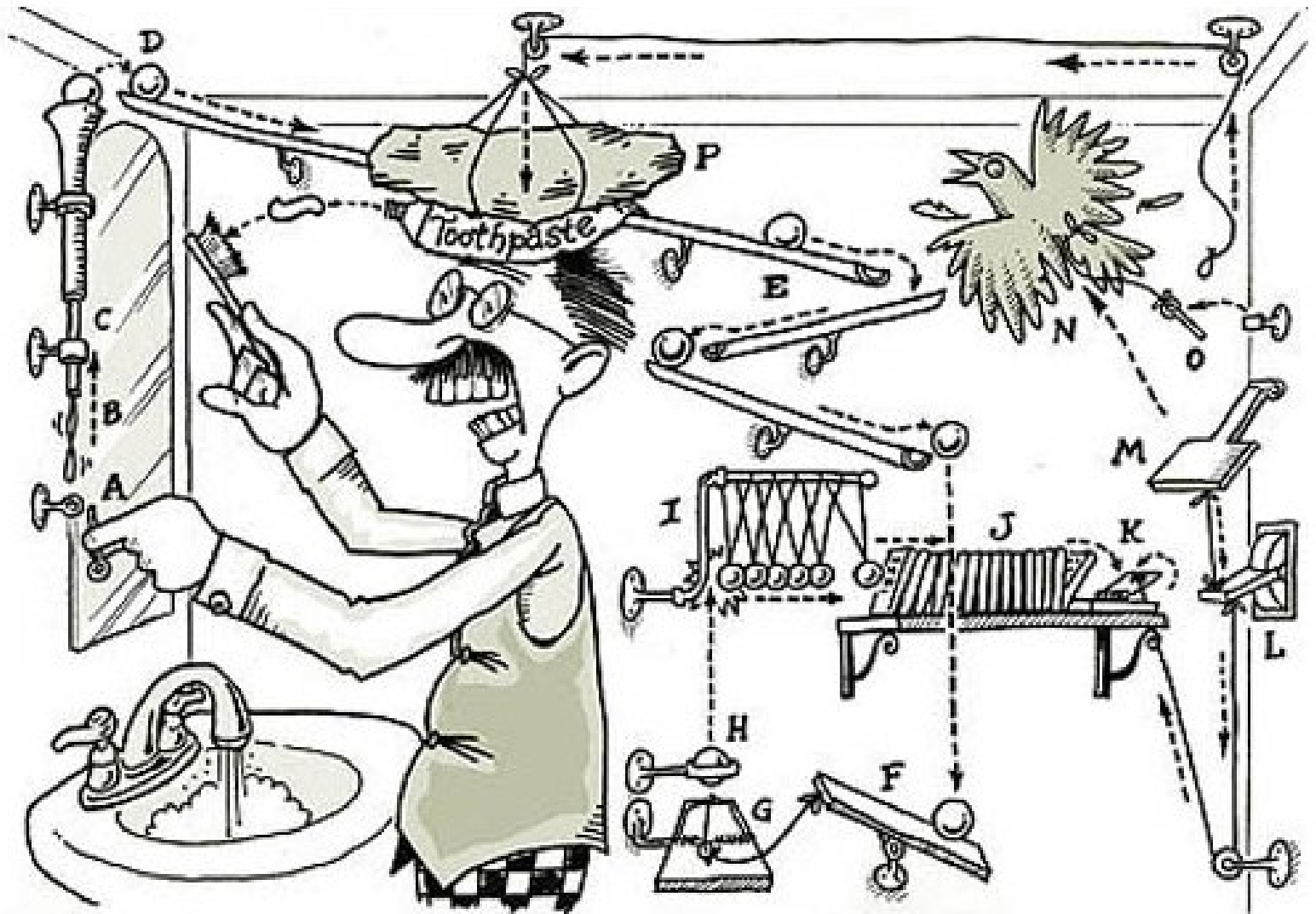


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**Thinking About Readmissions:
An AHA Framework**

**Nancy Foster
Vice President**

Reform: What Will It Be?



Policy Changes Reinforce Messages

	Continuum	Be Safer	Use Science	Be Frugal	Be Trans- parent
Value Based Purchasing					
Bundling					
Accountable Care Orgs					
Infections					
Readmits					
IT Adoption					

What Will Drive Change?



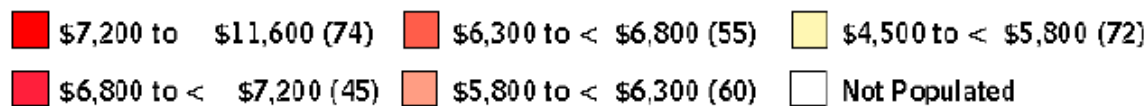
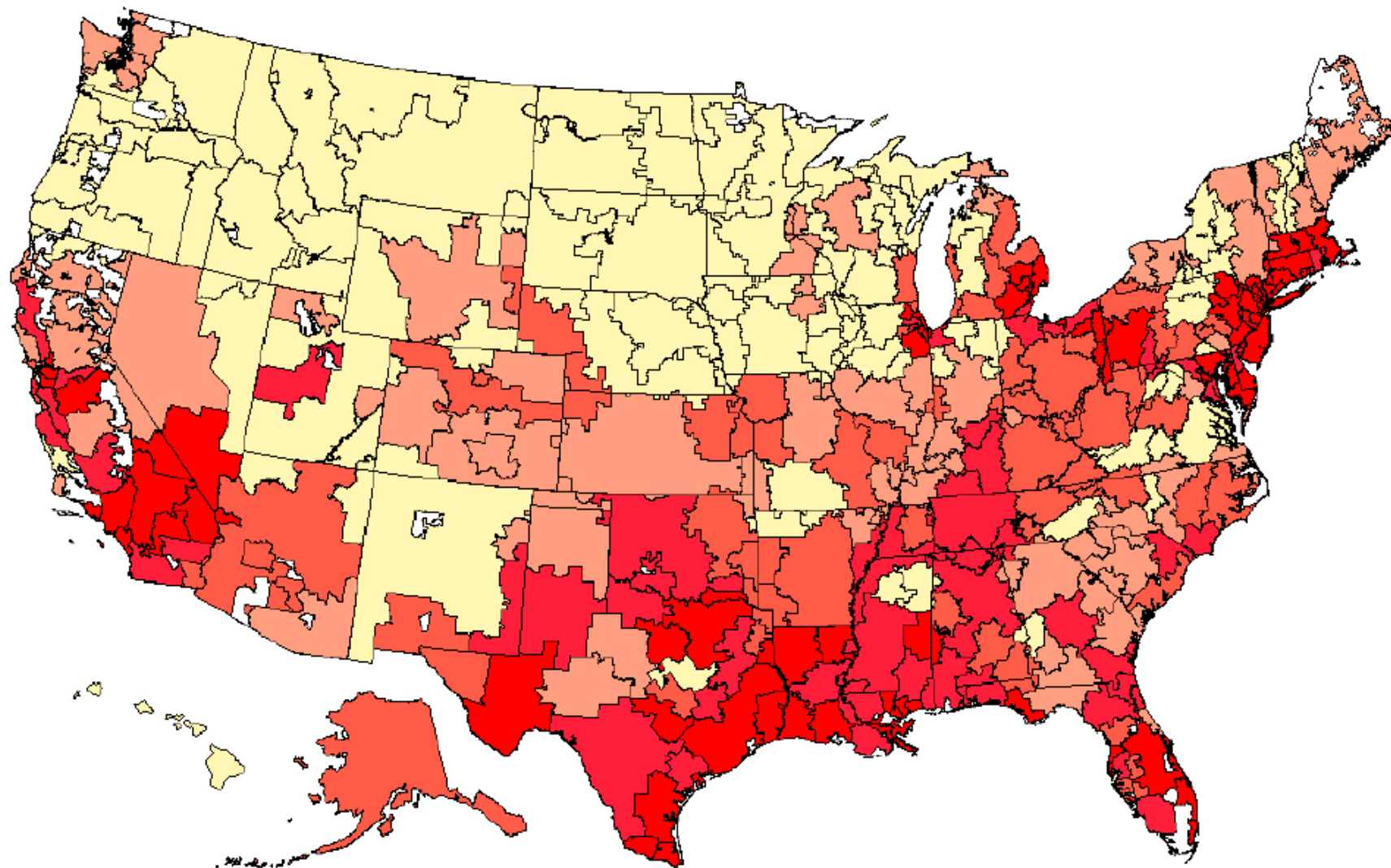
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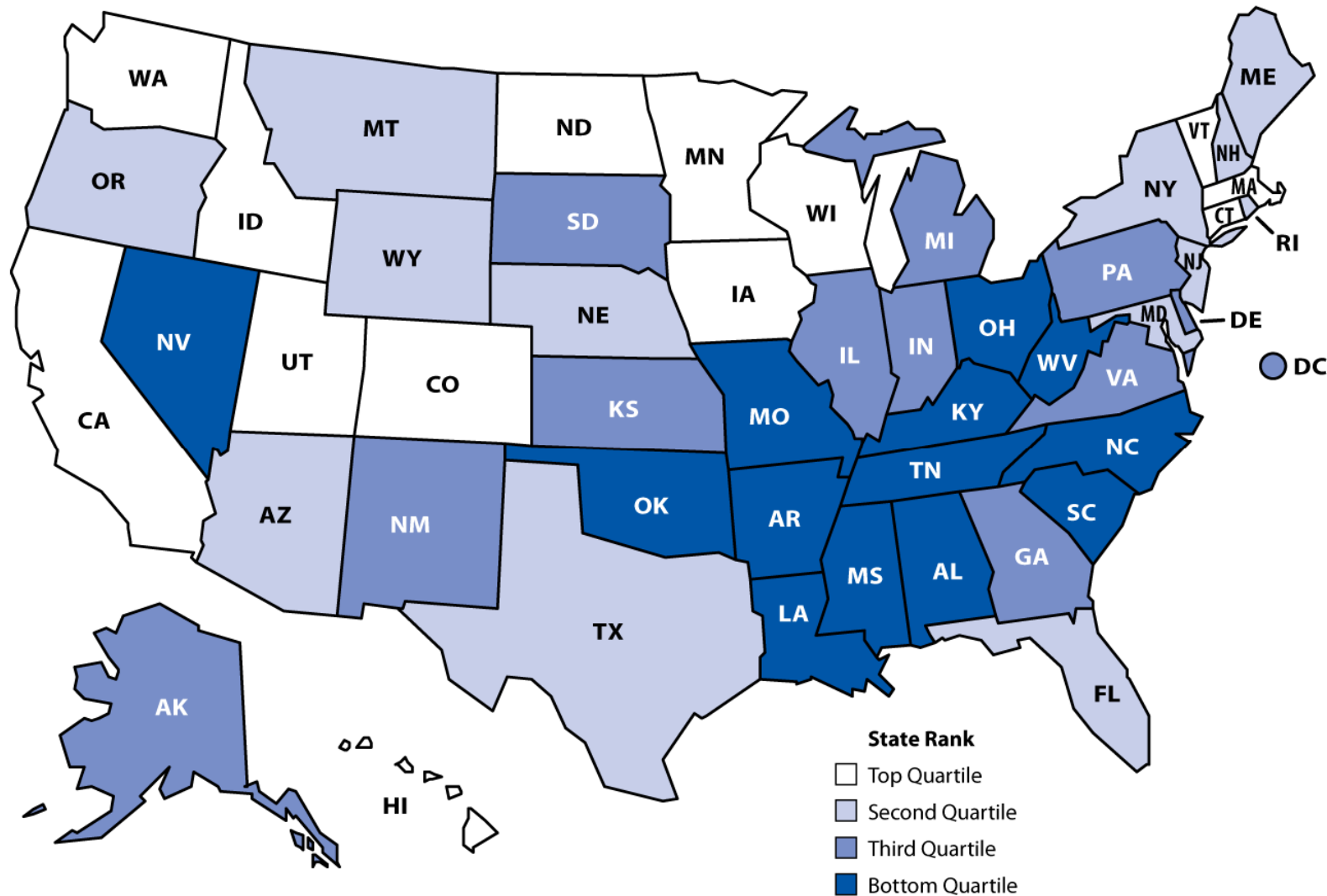
Medicare Spending per Capita in the United States, by Hospital Referral Region, 2003

(Percent)



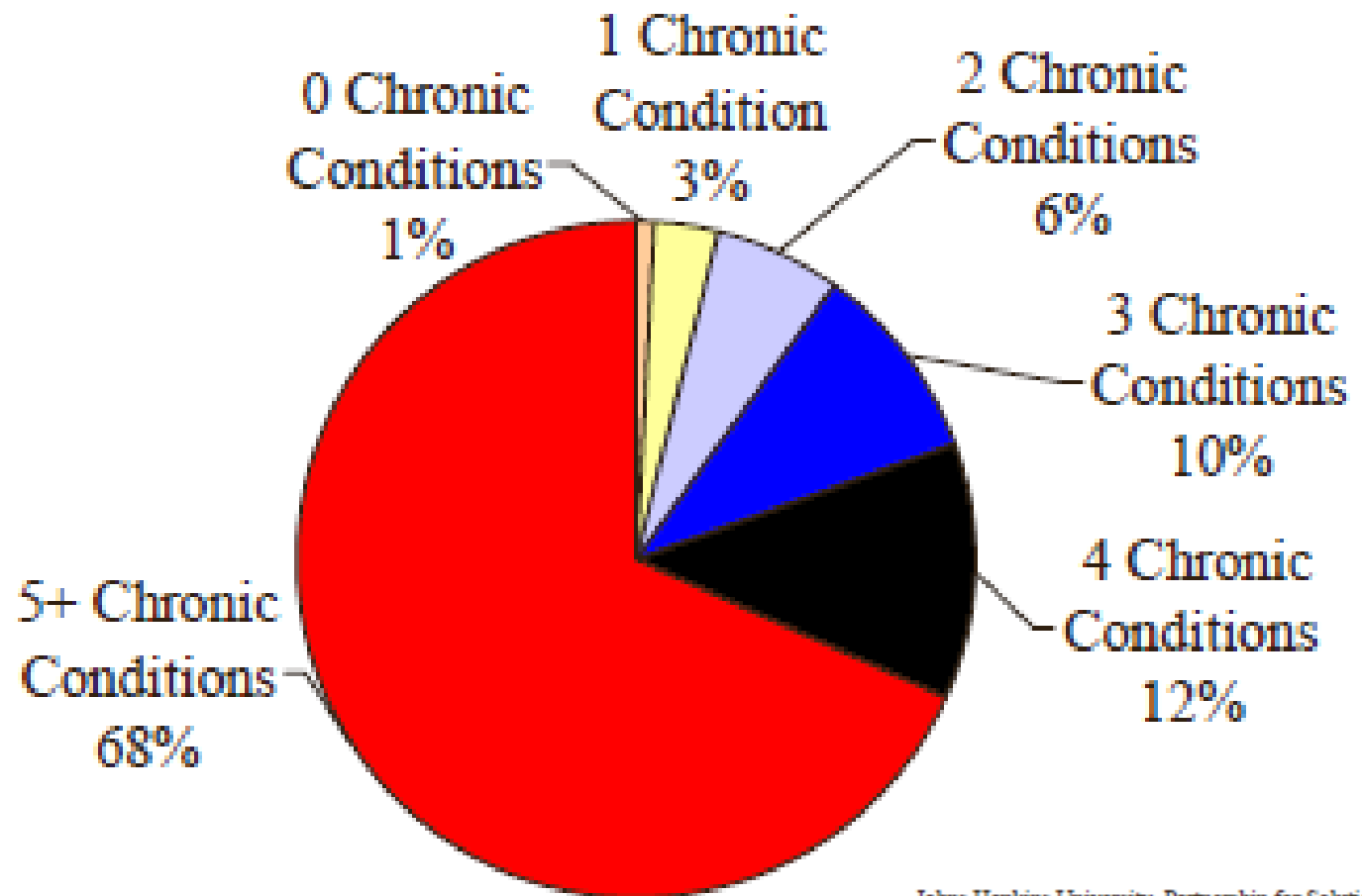
Need to Understand the Impact of Health

State Ranking on Healthy Lives Dimension

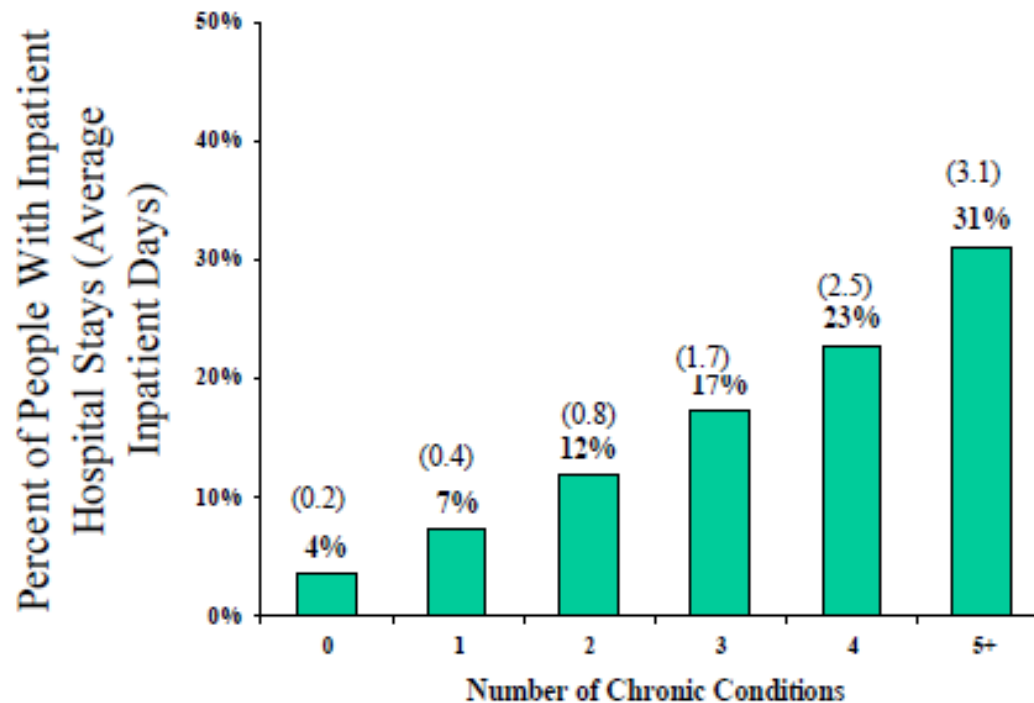


People with 5 or More Chronic Conditions = 2/3 Medicare Spending

Percent of Medicare
Expenditures



People with Multiple Chronic Conditions Are More Likely to be Hospitalized



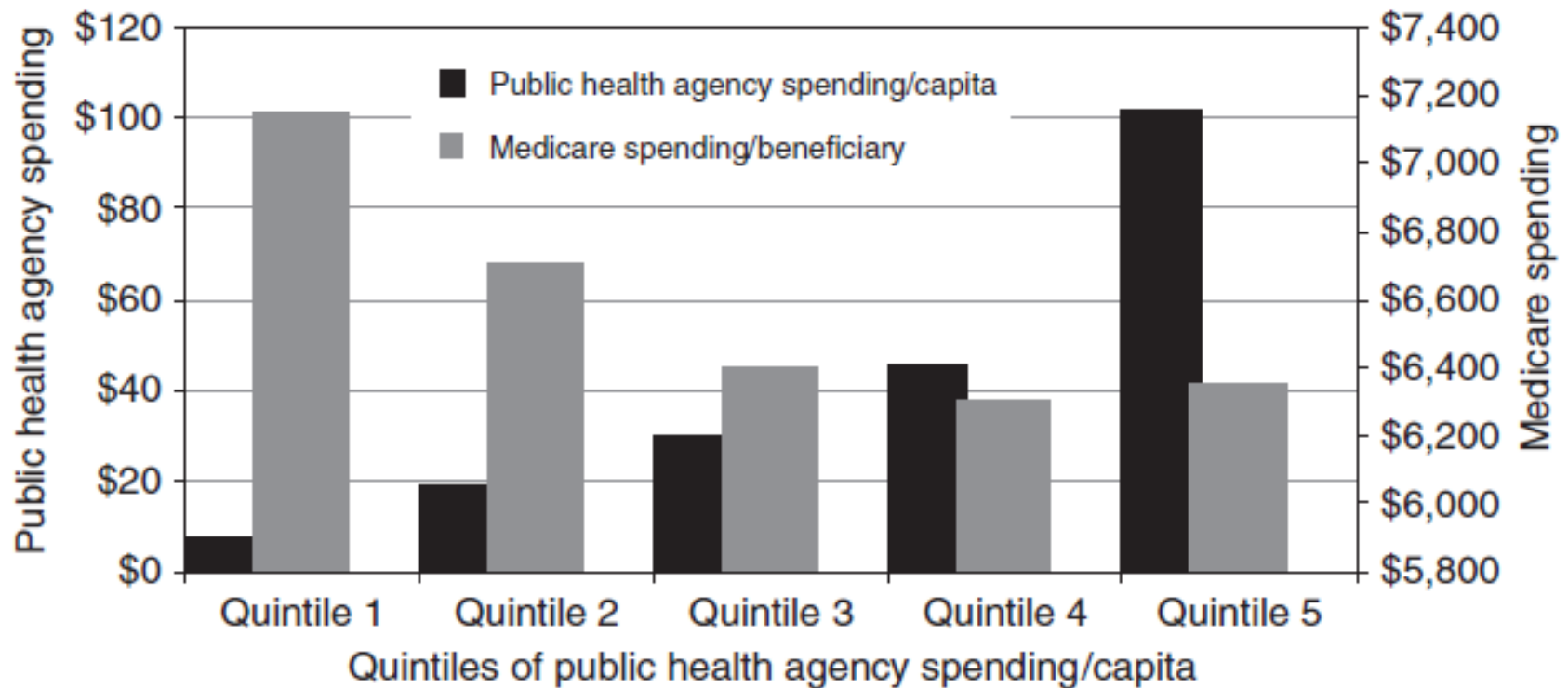
Johns Hopkins University, Partnership for Solutions
Source: Medical Expenditure Panel Survey, 2001.



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Need to Consider the Public Health Role

Figure 1: Public Health Agency and Medicare Spending Levels in 2005, by Quintile of Public Health Spending



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Newer Research Results

- **Lower mortality may be associated with higher readmissions** [Bueno H](#), et al, JAMA, June 2, 2010
- **Prompt physician follow up is associated with lower rates of readmissions** [Hernandez AF](#), et al, JAMA, May 5, 2010.
- **Publicly reporting discharge planning data is unlikely to reduce readmission rates** [Jha AK](#), [Orav EJ](#), [Epstein AM](#), NEJM, December 31, 2009



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AHA Perspective

Classification of Readmissions

	Related to Initial Admission	Unrelated to Initial Admission
Planned Readmission	A planned readmission for which the reason for readmission is related to the reason for the initial admission.	A planned readmission for which the reason for readmission is not related to the reason for the initial admission.
Unplanned Readmission	An unplanned readmission for which the reason for readmission is related to the reason for the initial admission.	An unplanned readmission for which the reason for readmission is not related to the reason for the initial admission.



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AHA Perspective

Classification of Readmissions

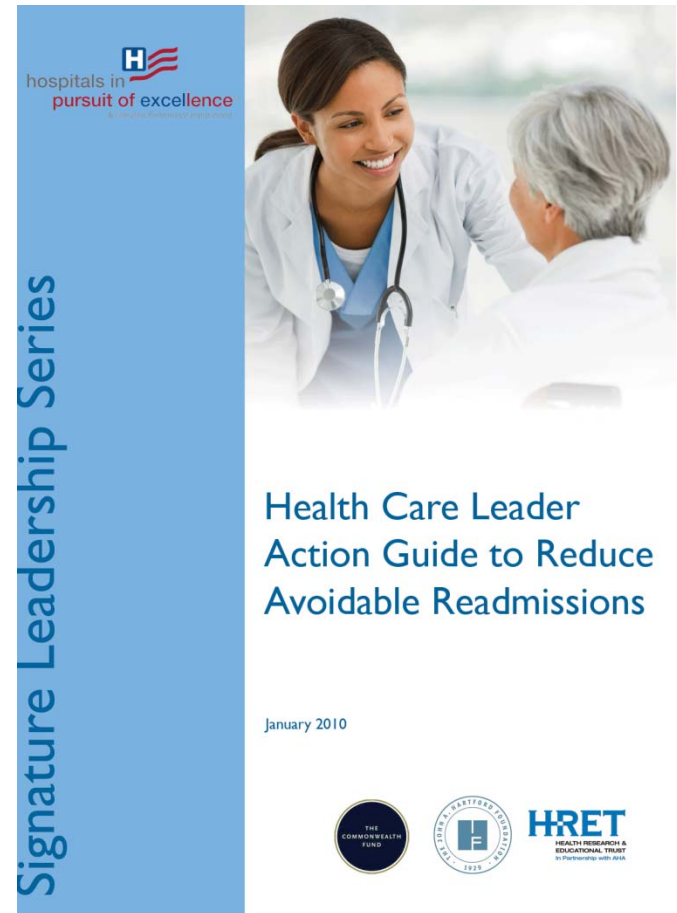
	Related to Initial Admission	Unrelated to Initial Admission
Planned Readmission	Follow up surgery for burn patient	Biopsy of lung growth discovered while patient admitted for knee surgery
Unplanned Readmission	Patient sent home after heart surgery experiences blood clot	Patient in traffic accident after discharge from hospital



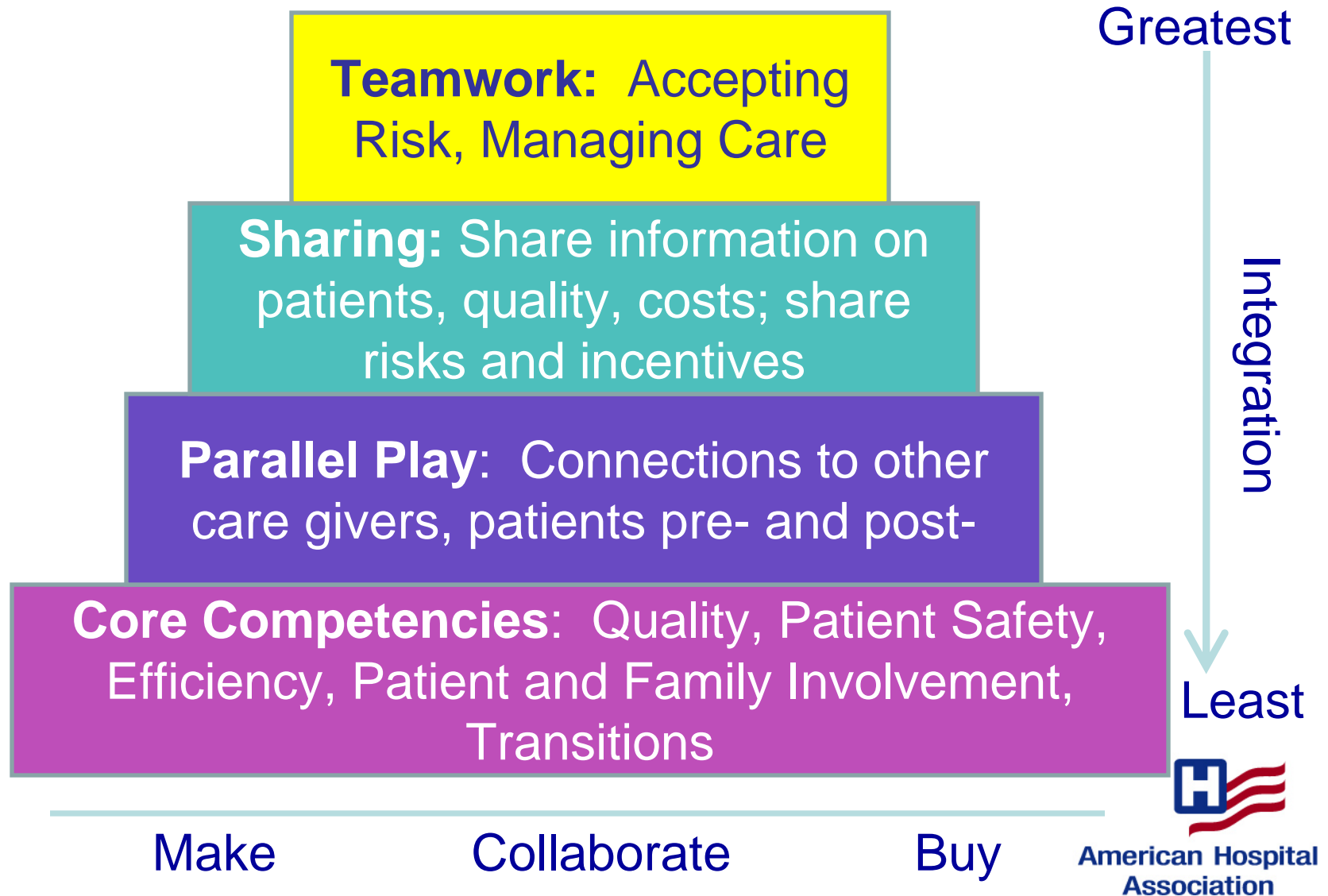
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Working on Readmissions

- Hospitals clearly have a role and an opportunity to reduce readmissions
- Hospitals are undertaking a variety of strategies to understand the causes of readmissions and address them as they are able
- AHA shared a guide with the field including successful strategies



Potential Approaches to Changing Care



Reform Requires Infrastructure

- **Common goals and objectives that unite providers**
 - Put the patient in the center
- **Systems and processes for working together**
 - Shared data, shared insights
 - Shared understanding of the science of care
 - Shared risks and rewards
- **Communication structures that enable work**
 - Information technologies
 - Common “patter”



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Thank You

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